

**Feeling overwhelmed, stressed, or just not yourself?
Talking about mental health can be hard, but you
don't have to do it alone.**

Join us for a Mental Health Screening Day

**Nursing Center for
Family Health**

Lyles-Porter Hall
715 Clinic Dr

West Lafayette, IN

**Wednesday,
November 5
9:00am-3:00pm**

Speak with a caring Psychiatric-Mental Health Nurse Practitioner (PMHNP) student about your mental health concerns. They'll listen, support, and provide you with recommendations on local resources to help you take the next steps toward well-being.

**Book a FREE 45-minute appointment
today by scanning the QR code.**

Limited walk-in spots also available.

